Sample Group Coaching Program

- Multi-media virtual content customized for group/industry
- Ideal for up to 40
- Includes 3 sessions (scheduled within one month; mutually agreeable dates between client and coach)
- Includes customized workbook and all prep work and discussions before each session
- Agenda and content can be tailored to work for one-on-one coaching

Session I The Art of Storytelling (60 minutes)

Introduction

- Ideas Don't Sell Themselves
- Master The Ancient Art of Persuasion

Make An Emotional Connection Through Storytelling

- Aristotle's 3 Elements of Persuasion
- Storytelling Starts with Passion
- The Neuroscience of Storytelling
- Types of Stories

Novelty—Find the Hook

- The Brain Doesn't Pay Attention to Boring Things
- Create a Jaw Dropping Moment

Session II Sharpen Your Persuasive Edge (90 minutes)

Build a Story Structure

Deliver the Big Picture

Activity: Create a logline for a sample presentation.

Rule of Three

Stage Your Story

- Think in Metaphor
- Put Data into Context
- Activity: Put this number into context.

The Message Map

- Introduction to the Message Map
- Case examples

Session III Deliver an Authentic Story (90 minutes)

Introduction

- AMP—Ability-Message-Practice
- Video Analysis

Delivering Confidence

- Steve Jobs' Five Step Rehearsal Strategy
- 4 Keys to Effective Vocal Delivery
- Activity: What does confidence look like?
- TED Gestures Analysis
- The Power Sphere

Practice Time

- 2-3 volunteers (identified at the end of Session II) present a 3-minute pitch to the group
- Group discussion